

2011 Fall Athletic Program  
Requirements for Participation  
For Students at A.B.R.H.S and RJ Grey

**\*PARENTS, PLEASE READ CAREFULLY\***

Fall Athletic Season:

“All students must pass a physical examination within 13 months before participating in any sport. A sport’s physical terminates 395 days subsequent to administering and must be renewed immediately to maintain eligibility.” (M.I.A.A.)

Parents and students must fill out the green “participation and physical form” and attach a copy of a valid physical to the green sheet. On Tuesday, August 2<sup>nd</sup>, Wednesday, August 3<sup>rd</sup>, Tuesday, August 9<sup>th</sup> and Wednesday, August 10<sup>th</sup>, school nurses will be available from 6-8PM, in the High School main lobby, to verify and sign the green sheets.

Completed green sheets must be given to the coach on the first day of tryouts.

You must attend one of the above walk in times to guarantee you have a green form for the first day of tryouts.

**Anyone without a green sheet signed by the nurse will be turned away and will not be allowed to try out.**

For students who are unable to attend the evening sign-ups, a completed form, attached physical and a self addressed stamped envelope can be dropped off in boxes located in the front lobby at the high school main office during regular business hours between June 21<sup>th</sup> and August 10<sup>th</sup> (no forms should be dropped off after Aug. 10<sup>th</sup> as they will not be processed before tryouts). School nurses will review all forms and return them to student athletes by mail, prior to the start of tryouts.

Information regarding the athletic program, tryout dates and schedules will be posted on the web at [www.ab.mec.edu/ABRHS](http://www.ab.mec.edu/ABRHS) or [highschoolsports.net](http://highschoolsports.net)