



# Gates School March 2010 Menu

**Something New Starting 3/08, Bagel w/Cr.Cheese or Sunbutter & Yogurt!**

Fresh Fruits and Fresh Vegetables are offered Daily. Menu subject to change without notice. Meals are Planned to Meet the Dietary Guidelines. Choice of Milk Served Daily. 100% Juice available with all lunches.

Weekly Offerings:	Monday	Tuesday	Wednesday	Friday
<b>Faculty Lunch:</b> Fresh Caesar Salad <b>Sandwich of the Week:</b> Turkey Club Wrap	1) <b>Read across America Week!</b> <b>Brunch for Lunch!</b> French Toast Sticks with Syrup Jones Light Sausage Sliced Peaches	2) <b>Dr. Seuss- 106th Birthday!</b> Chicken Patty on a Roll Lettuce and Tomato Homemade Pasta Salad Green Jell-O with Topping Chilled or Fresh Fruit	3) <b>Nachos Supreme!</b> Lean Meat, Cheese, Lettuce, Tomato Mild Salsa, Corn Dinner Roll Chilled or Fresh Fruit	5) <b>Sal's North End Pizza</b> Choice of Toppings <b>Fresh Garden Salad</b> Seasonal Fruit
Weekly Offerings: <b>Faculty Lunch &amp; Sandwich of the Week:</b> Hummus Plate w/Pita and Fresh Veggies Bagel Lunch w/Cr. Cheese or Sunbutter & Yogurt	8) Baked Chicken Rings with Dipping Sauce <b>Fresh Broccoli</b> Potato Puffs Chilled or Fresh Fruit	9) <b>Sticker Day!</b> <b>Breakfast for Lunch!</b> Pancakes w/syrup Jones Light Sausage Cinnamon Spiced Apples	10) Warm Mozzarella Sticks with Marinara Sauce Warm Bread Stick <b>Fresh Veggie Sticks</b> Seasonal Fruit	12) <b>Pizza Mania!!!</b> All your Favorites with Choice of Toppings <b>Fresh Caesar Salad</b> Chilled or Fresh Fruit
Weekly Offerings: <b>Faculty Lunch:</b> Tossed Salad w/Tuna <b>Sandwich of the Week:</b> Fresh Veggie Wrap	15) Popcorn Chicken with Dipping Sauce Steamed Rice Green Beans Dinner Roll Chilled or Fresh Fruit	16) <b>Pasta Day!</b> Pasta with Choice of Meat or Marinara Sauce Italian Blend Vegetables Warm Garlic Bread Seasonal Fruit	17) <b>St. Patricks Day! Something New!</b> Shamrock Shaped Warm Soft Pretzel Yogurt Cup, Cheese Stick <b>Fresh Veggie Sticks</b> Chilled or Fresh Fruit	19) Max Pizza Sticks with Marinara Sauce Tender Sweet Corn Chilled or Fresh Fruit
Weekly Offerings: <b>Faculty Lunch:</b> Chicken Caesar Salad <b>Sandwich of the Week:</b> Tuna Roll	22) <b>Build Your Own Burger</b> Hamburger on a roll Lettuce, Tomato, Onion Pickles & Cheese Baked Fries Chilled or Fresh Fruit	23) <b>Breakfast for Lunch!</b> Choice of Cereal Bagel w/ Cream Cheese Ham and Cheese Cubes <b>Fresh Veggie Sticks</b> Seasonal Fruit	24) Crispy Chicken Nuggets with Dipping Sauce Mashed Potatoes Tender Sweet Corn Chilled or Fresh Fruit	26) <b>Pizza Mania!!!</b> All your Favorites with Choice of Toppings <b>Fresh Garden Salad</b> Chilled or Fresh Fruit Birthday Cookie!
Weekly Offerings: <b>Faculty Lunch:</b> Oriental Chicken Salad <b>Sandwich of the Week:</b> Cheese Quesadillas	29) Teriyaki Chicken Dippers Steamed Rice <b>Fresh Stir Fry Vegetables</b> Dinner Roll Pineapple Fortune Cookie	30) <b>Sticker Day!</b> Kayem Light Hot Dog on a Roll Vegetarian Baked Beans Pudding with Topping Chilled or Fresh Fruit <b>Sticker Day!</b>	31) <b>Pasta Day!</b> Pasta with choice of Meat or Marinara Sauce Tender Green Beans Crusty French Bread Chilled or Fresh Fruit	<b>Daily Menu Offerings:</b> B: Sandwich of the Week C: Grilled Cheese D: Chicken Caesar Salad E: Pizza (MTW only) F: Bagel w/Cr. Cheese or Sunbutter & Yogurt

Questions or Comments? Please contact Kirsten Nelson, Food Service Director at 978-264-4700 ext. 3221  
 Visit our Website @<http://ab.mec.edu/schmenus.shtml>. It is our Pleasure to serve you!!!