



FENGREY PARK



November 2009 Menu

Monday		Wednesday	Thursday	Friday
2) Baked Chicken Nuggets with Dipping Sauce California Blend Vegetables Wheat Dinner Roll Fruit	3) No School Professional Day	4) Chicken Fajita on a soft Taco Shell Lettuce, Tomato, Salsa & Sour Cream Raw Veggie Tray Fruit	5) Baked Chicken O's Potato Puffs Steamed Carrots Whole Wheat Roll Fruit	6) North End Pizza with choice of Toppings Fresh Caesar Salad Chilled or Fresh Fruit
9) Honey Baked Chicken Cosmic Potatoes Tender Green Beans Assorted Fruits	10) Baked Chicken Pattie with Lettuce, Tomato, Pickle Potato Wedges Whole Wheat Roll Fruit Bar	11) Veteran's Day No School	12) Brunch For Lunch! Golden Waffle Stix Jones Light Sausage Crispy Potato Pattie Cinnamon Spiced Apples Fresh Fruits	13) Large Slice Pizza Choice of Pepperoni, Black Olives and other Toppings Fresh Caesar Salad Fruit Bar
16) Baked Chicken Drumsticks Potato Puffs Baby Green Peas Wheat Dinner Roll Seasonal Fruits	17) Grilled Cheese Sandwich Crispy Onion Rings Tender Sweet Corn Granny Smith Apples Fruit Choices	18) Everyone's Favorite! New York Style Pretzel Fresh Veggie Tray and Dip Cheese Stick Mini Yogurt Fresh Fruits	19) Build Your Own Burger! Hamburger, Veggie Burger w/ Lettuce, Tomato, Pickle & Cheese Whole Wheat Roll Fruit Selection	20) Sicilian Style Pizza w/Assorted Toppings Fresh Tossed Salad Fresh Veggie Stix and Dip Fruits
23) Everyone's Favorite! Custom Wraps Buffalo Chicken, Sour Cream, Lettuce, Tomato Tender Sweet Corn Chilled Fruit	24) Pizza Mania!! Your Choice of Pizza and Toppings Fresh Salad Trail Mix Fresh Fruits	25) Early Release No Lunch Served	26) Thanksgiving No School	27) No School
30) Chicken Teryaki Dippers Whipped Potato Steamed Mixed Veggies Fortune Cookie Pineapple			Assorted Fresh Salads, Deli Sandwiches Peanut Butter and Jelly and Fresh Fruits are offered Daily. Menu Subject to Change without notice.	All Meals are Planned to Meet the Dietary Guidelines Choice of Milk Served with all Lunches.

Questions or comments? Please contact Kirsten Nelson, Food Service Director, at 978-264-4700 ext 3221.

Menu subject to change without notice. It is our Pleasure to serve you!

Visit our website @ <http://ab.mec.edu/schmenus.shtml>