

2006 – 2007 Wellness Programs Year At A Glance

October

4th McT PE Open House
5th Parent Conversations- Positive Discipline
11th Merriam PE Open House
11th Mother's Book Group 1
18th Conant PE Open House
25th Douglas PE Open House

December

Teen Dating Panel, Part II- Cancelled

February

7th YRBS Panel Presentation with CAFY
8th Parent Conversations- Social Issues

April

26th Physical Education and Health Awareness Day-ABRHS
30th Parenting Book Group 3
TBD Growth and Development Program for Parents, Part I & II

November

1st Gates PE Open House
8th Risky Behavior Student Panel- Co-sponsored with CAFY
9th Parent Conversations- Promoting Self-Esteem
29th Mothers' Book Group 2

January

25th Parent Conversations- Working With Schools
29th Parenting Book Group 1
31st Mothers' Book Group 3

March

8th Parent Conversations- Stress and Pressure
12th Parenting Book Group 2
14th RJG Project Wellness
19th Parent Workshops for Gates/Douglas PTSOs
28th Annual Depression/Bipolar/Eating Disorders Panel

Programs Being Developed:

NEW Nutrition/Physical Fitness Series in Winter/Spring '07
NEW Surviving the Transition to College Spring or Fall '07