Recognizing Preadolescent/Teenage Depression and Anxiety

Wednesday, February 8th, 7:00-9:00 PM
RJ Grey Library

What are the symptoms of depression and anxiety in youth? It may not look the same as it does in adults.

How can you tell the difference between moods that are normal and moods that may be an indication of a more serious problem?

How prevalent are depression and anxiety disorders in this population?

If you think you may possibly have a child who needs professional help, where do you start?

What causes these disorders? How are they treated?

These and other questions will be dealt with in this forum. An AB student will be a guest speaker and provide insights into these disorders by sharing her personal story – struggles and triumphs. Dr. Carolyn Imperato, Wellness Coordinator and former RJG school psychologist, along with Dr. Cathy Schen, a local psychiatrist, will lend their expertise to the presentations and also answer questions from the audience.

Co-sponsored by RPTSO, CAFY, Junior High Staff, and NAMI