

## Project Wellness Schedule ~ Wednesday, March 15, 2006

8:00 – 8:20	Students and Parents/Guardians arrive at Merrimack College. Register in Sakowich Center lobby and are directed to seating area.
8:25 – 8:40	Welcome and Opening Remarks.
8:50 – 9:55	Workshop #1
10:05 – 11:10	Workshop #2
11:20 – 11:50	Lunch for Group A
12:00 – 1:05	Workshop #3 for Group A
11:20 – 12:25	Workshop #3 for Group B
12:35 – 1:05	Lunch for Group B
1:20 – 2:20	Closing speaker, remarks and evaluations

**R.J. Grey Junior High School**  
16 Charter Road  
Acton, MA 01720

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**Urgent ~ Due back no later  
than January 13, 2006**